

EMERGENCY FIRST AID AT WORK



DESCRIPTION

Employers are required by the Health and Safety (First Aid) Regulations 1981 to provide adequate and appropriate equipment, facilities and personnel to enable first aid to be given to employees if they become ill or are injured at work.

Everyone should learn basic first aid techniques as knowing what can make a difference to a person's recovery could even save a life.

DURATION

1 Day

REQUIREMENTS

Candidates should be physically able to carry out the procedures detailed in the Course Contents; Candidates must be aware that they must attend all the sessions to be eligible for assessment.

WHO WOULD BENEFIT FROM THIS COURSE?

- Staff working in Care Homes, Hospitals, Hostels, Day Centres, Community Care, Sheltered Housing and Residential Facilities
- Staff working in Universities/Colleges, Schools, Offices, Hotels, Building Sites and Security Personnel

COURSE CONTENT

- Relevant Legislation as laid out by the Health & Safety Executive
- Principles of First Aid
- Action at an Emergency
- Effective Cardio Pulmonary Resuscitation
- First Aid for the Bleeding and Wounded
- Caring for a person suffering from Shock
- Effective Resuscitation Procedures
- Treatment of the Unconscious person
- Asphyxia and Choking
- Accurate and Effective Record Keeping

QUALIFICATION

First Aid Appointed Person Certificate valid for 3 years.

OUTCOME

At the end of this course you will be able to take charge in the event of an illness or accident in your workplace and provide basic, immediate First Aid.



Independent Clinical Services Training

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Calls may be recorded